



Life Beyond Cancer X

**December 10-13, 2009
Miraval at Tucson
Catalina (Tucson), Arizona**

Life Beyond Cancer (LBC) is a four-day retreat that was founded by **US Oncology** for women cancer survivors, oncology nurses and social workers. This weekend focuses on the many components of advocacy and wellness through and beyond the cancer experience.

Besides having a meaningful personal experience, participants learn through a variety of workshops, lectures and group activities. This will challenge and enable them to return to their communities to begin or support existing services and advocacy programs.

Submission of an application does not guarantee an assigned space for you at Life Beyond Cancer X. Selection to attend LBC is *highly competitive* as there are many more applicants than spaces available.

Life Beyond Cancer welcomes our newest partner, **BAG IT**, a non-profit organization committed to providing information and education to newly diagnosed individuals with cancer and their families. www.bagit4u.org.

THANK YOU TO OUR 2008 SPONSORS WHO MADE THIS WEEKEND POSSIBLE:

Abraxis Oncology

Bag It

Eisai Inc.

Jim Lasker, MD

Miraval at Tuscon

Roche Pharmaceuticals

US Oncology

For information on becoming a 2009 Sponsor, please call: 1-800-381-2637 or email: usoncology.foundation@usoncology.com for more information.

Criteria and Application

Life Beyond Cancer (LBC) **is offered as** a weekend of restoration, learning, and networking for both women cancer survivors, oncology nurses, social workers and physicians. Over the course of this long weekend, all participants will be challenged to take information and ideas back to their communities in order to “make a difference.”

- Restoration will focus on the Mind/Body/Spirit connection through nutrition, exercise, body work and mindfulness;
- Learning will be offered through presentations and workshops – both experiential and didactic - that focus on methods to care for self while caring for others;
- Networking will offer opportunities to meet current community advocates, learn about existing programs from around the country, and share your own ideas about “giving back;”
- **Cancer Survivorship** and **Community Advocacy** will be highlighted throughout the weekend.

Life Beyond Cancer sponsors generously underwrite all programming and lodging costs. Participants will be charged a **\$200 registration fee** to cover administrative costs and are responsible for their own travel.

Criteria for application include:

For Survivors

- Female cancer survivor with a diagnosis of ANY type of cancer.
- Energy and stamina to fully participate in a demanding weekend and care for oneself.
- Commitment to survivorship and advocacy programs.
- Willingness to submit progress reports.

For Oncology Professionals

- Nurse, social worker, physician, technicians.
- Interested in informal interactions with survivors.
- Commitment to survivorship and advocacy programs.
- Willingness to submit progress reports.

In addition:

- Spaces are reserved for participants only. This program is not open to family members and friends as guests.
- Registration fee of \$200, travel costs and airline reservations are the responsibility of the participant.

Please remember that submission of an application does not guarantee an assigned space for you at Life Beyond Cancer X. Unfortunately, we simply do not have enough funding or rooms for everyone who wishes to attend.

Financial Assistance:

- Limited funds are available to assist with travel expenses. If assistance is requested, you will be asked to fill out an additional form to verify need.
- You may want to find someone in your family or community to donate frequent flyer miles or purchase your ticket. Frequent flyer miles can be used for airfare if requested early enough.
- If you are sponsored by a US Oncology practice, the practice MAY pay for your airfare and registration fee.

Registration Fee:

- **\$200 is payable upon notification of selection (DO NOT send unless you hear that you have been selected).** This fee is NON-refundable.
- If you have been selected to attend LBC by your oncology clinic the practice may pay the registration fee.

APPLICATION: If you would like to apply, please return to the US Oncology Foundation website and click on the appropriate link to your application: Survivor, Nurse/Social Worker/Physician or Returning Survivor (Alum).

If you have any other questions, you can also call Ann Wolford at the US Oncology Foundation office: 1-800-381-2637 or email at: usoncology.foundation@usoncology.com.

Notification that you have been selected will be made no later than October 10th, 2009.

Thank you for your interest in Life Beyond Cancer!